



## M-RUB ORANGE CREAM

### COMPOSITION:

#### Each 1 g contains:

Methyl Sulphonyl Methane(MSM)	300 mg
<i>Arnica montana</i> (Arnica extract)	50 mg
<i>Rosmarinus officinalis</i> (Rosemary oil)	10 mg
<i>Mentha Piperita</i> (Peppermint oil)	10 mg
<i>Melaleuca alternifolia</i> (Tea Tree Oil)	10 mg
<i>Calendula officinalis</i> (Calendula oil)	10 mg
Methyl salicylate	5 mg

**MSM** (*Methylsulphonylmethane*) is an organic form of sulphur which is readily assimilated by the body. Sulphur is a vital element, often in short supply, which is needed to manufacture synovial fluid, cartilage and connective tissue. It has been found to help in dissolving scar tissue, decrease inflammation, and increases elasticity in the body. MSM has similar therapeutic benefits as mineral hot springs, as both are rich in sulfur that relieves arthritis, chronic back pain, tendonitis, neck pain, muscle pain and other inflammatory conditions. One of the most significant uses of MSM as a supplement is its demonstrated ability to relieve pain and inflammation. When rigid fibrous tissue cells swell and become inflamed, pressure and pain result. Since MSM can restore flexibility and permeability of cell walls, fluids can pass through the tissues more easily. This helps equalize pressure and reduce or eliminate the cause of pain. Harmful substances such as lactic acid and toxins are allowed to flow out, while nutrients are permitted to flow in. This prevents the pressure buildup in cells that causes inflammation.

**Arnica** – is a fragrant, bitter, and astringent herb that relieves pain and inflammation and clears fungal and bacterial infections. It contains anti-inflammatory components and an essential oil containing thymol, thymolmethylether and azulene that soothe muscle aches, reduce inflammation, and heal wounds. It is often used for injuries like sprains and bruises.

#### Essential oils.

**Skin Scripts M-RUB Orange** contains the following oils: *Rosemary oil* - relieves swelling and increases blood circulation to the skin. *Peppermint oil* - soothes and relaxes muscles when applied to the skin. *Calendula oil* - has anti-inflammatory properties. *Tea Tree oil* - has natural antibacterial and antifungal properties. Methyl salicylate is included as a fragrant.

### USES:

**Skin Scripts M-RUB Orange** provides natural relief of painful muscles and swollen joints.

### CONTRA-INDICATIONS:

Known sensitivity to the product or its components.

**Skin Scripts M-RUB Orange** contains arnica that includes a compound that acts in the same way as oxytocin, which is used to induce labor and for this reason pregnant women should not use arnica in any form.

### WARNINGS :

Arnica is an extremely potent herb, which may cause dermatitis when used externally over a prolonged period (See SIDE-EFFECTS AND SPECIAL PRECAUTIONS)

Wash hands very well after use and do not touch eyes capsaicin will burn eyes.

### SAFETY IN PREGNANCY AND LACTATION:

**Skin Scripts M-RUB Orange** should not be used in pregnant woman and lactating mothers.

### DOSAGE AND DIRECTIONS FOR USE

EXTERNAL USE ONLY.

Massage cream gently into skin of affected areas as often as required, about 3 to 4 times a day in acute cases. Due to the high concentration of MSM, small crystals may form in the cream. These crystals will be absorbed slowly into the skin which gives the rub a prolonged action and does not affect the efficacy of the product. The white residue that remains on the skin can be prevented by applying the cream and gently massaging with wet fingers after application.

### SIDE EFFECTS AND SPECIAL PRECAUTIONS :

None known. **Skin Scripts M-RUB Orange** contains arnica and prolonged use may irritate the skin, causing dermatitis, peeling, blisters, or other skin conditions. Arnica should not be used on broken skin, such as leg ulcers. People who are hypersensitive or allergic to the herb should avoid using the cream.

### INTERACTIONS:

**Skin Scripts M-RUB Orange** should not be applied together with other products as it will reduce the effectiveness of the product.

### KNOWN SIGNS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

None known. Treatment is symptomatic and supportive if any signs occur.

### IDENTIFICATION:

Slightly yellow crystalline cream. It has a characteristic odour of peppermint and other natural essential oils.

### PRESENTATION

**Skin Scripts M-RUB Orange** is packed in plastic tubes containing 80 g cream or plastic jars containing 250 g cream.

### STORAGE INSTRUCTIONS:

Store below 25°C. Avoid direct sunlight and moisture. KEEP OUT OF REACH OF CHILDREN.

### NAME AND ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

DRA Pharmaceuticals cc, 15 Victoria Link, Route 21 Corporate Park, Irene X 31.